

Type	Screeners	Validation Paper
<i>Disordered eating</i>	Nine-Item Avoidant/Restrictive Food Intake Disorder Screen (NIAS)	https://doi.org/10.1089/trgh.2021.0021
	Adolescent Binge Eating Disorder Measure (ADO-BED)	https://doi.org/10.1186/s40337-023-00816-w
	The Sick, Control, One Stone, Fat, Food (SCOFF)	https://doi.org/10.1177/00099228231200754
	Eating Disorder Examination Questionnaire Short Form (EDE-QS)	https://doi.org/10.1037/pas0000996
	Brief Assessment of Stress and Eating (BASE)	https://doi.org/10.1016/j.eatbeh.2026.102088
<i>Body image & dysphoria</i>	Body Appreciation Scale-2 (BAS-2)	https://doi.org/10.1089/trgh.2021.0021
	The Gender Congruence and Life Satisfaction Scale (GCLS)	https://doi.org/10.1080/15532739.2018.1453425
	Transgender Congruence Scale	https://doi.org/10.1007/s13178-025-01270-w
	Utrecht Gender Dysphoria Scale - Gender Spectrum (UGDS-GS)	https://doi.org/10.1080/26895269.2020.1723460
	The Gender Euphoria Scale (GES)	https://doi.org/10.1080/26895269.2024.2447768
	Muscle Dysmorphic Disorder Inventory (MDDI) * trans men only	https://doi.org/10.1016/j.bodyim.2022.05.001
	Development and Validation of the Gender Preoccupation and Stability Questionnaire - 2nd Edition (GPSQ-2)	https://doi.org/10.1080/00918369.2022.2132440
<i>Minority Stress</i>	Gender Minority Stress and Resilience Measure	https://doi.org/10.1037/amp0001117
	Nonbinary Distal Minority Stressors, Proximal Minority Stressors, and Resilience Scales	https://psycnet.apa.org/doi/10.1037/sgd0000719